



MAKING AN INFORMED CHOICE ABOUT YOUR CHILD'S SHORT BREAKS PROVISION

Are you being made aware of **all** the services in the Royal Borough of Kensington and Chelsea available to children with learning disabilities and complex needs? The following information regarding services should be used in meetings with your social worker, during needs assessments, service reviews and carer's assessments.

You are within your rights to ask for any of the following services if you believe they would best meet your child's needs. Also remember that in any of your discussions or negotiations with social services, **you** are an expert in the care of your child.

For more information contact Full of Life on info@fulloflifekc.com / 0208 962 9994 / www.fulloflifekc.com

Specialist Provision :

➤ Full of Life Centre (Services for Young People from 13years)

Onsite group activities including: music and drama sessions, cooking, arts and crafts, sports, sensory sessions and gardening. Young people are supported by highly qualified staff who work in close partnership with parents and professionals such as psychologists and speech and language therapists. Full of Life also provides a huge range of trips which are all planned with the young person's choices in mind. The service runs from Monday – Saturday during term time and provides half-term and holiday provision.

Monday, Thursday and Saturday : 10am – 4pm.

Tuesday, Wednesday and Friday : 10am – 6pm.

Full of Life

Kensal House Annex

379 Ladbrooke Grove

London

W10 5BQ

➤ St Quintins Centre

The St Quintins Centre is a centre offering groups and support for disabled children, young people and their families. It is open seven days a week and offers term time support from birth to five years old and Afterschool, Saturday and Holiday club support for the 5 - 18 year-olds.

Open Monday - Friday 9.30am - 6pm, Saturday 10am - 4pm, Sunday 11am - 3pm

2A Wallingford Avenue,

London,

W10 6QB

020 8968 2570 / stquintincwd@rbkc.gov.uk

Source : www.rbkc.gov.uk

➤ **Play Association at Queensmill School**

This playscheme is a fully inclusive adventure service in Queensmill School, West Kensington. It provides a place where disabled children and children with complex needs can play adventurously, creatively and safely. The age range is 8 – 17years.

They run a Saturday Club every Saturday during term-time and

Playschemes during school holidays (subject to funding). The playground is open 10am – 4pm.

60 Clancarty Rd

Fulham

London SW6 3AA

020 77 363699 / rachel@playassociationhf.org.uk

Source : <http://www.playassociationhf.org.uk>

➤ **Free Play Playgrounds**

There are a number of play grounds with accessible equipment in the RBKC borough, such as Little Wormwood Scrubs, Avondale Park and Holland Park.

For more information about free play playgrounds near you, contact Full of Life on: **0208 962 9994**

info@fulloflifekc.com

Source : www.rbkc.gov.uk

Mainstream Provision :

➤ **RBKC Play Service (5 to 13 years)**

Provides school based play centres, breakfast clubs, holiday playcentres and support for community adventure playgrounds.

020 7361 3302

Source : www.rbkc.gov.uk

➤ **Youth Service (14years plus)**

There are a number of youth centres in the RBKC borough offering a range of sport and creative activities.

020 7938 8000

Source : www.rbkc.gov.uk

You can also follow Full of Life on Facebook and Twitter for more up to date information about our services and the borough's services.



<http://www.facebook.com/fullofliferbkc>



<https://twitter.com/FOLKINFO>